# Shintaido Northeast Winter Kangeiko 2016

# Life is Our Keiko



Each day is a journey, and the journey itself home.

- Matsuo Bashō

Saturday January 30 — Sunday January 31 Shintaido Farm, Deerfield, MA



The theme of the first major event at Shintaido Farm, Kangeiko 2006, was "Beginning from the Center". Now, a decade later, we explore moving forward with the theme "Life is Our Keiko" in the last event at beautiful Shintaido Farm. Where does the journey go from here? In our community life and personal lives we turn to our practice to chart new directions.

This not to be missed milestone event provides an opportunity to reconnect as we begin a new year. Beginners and more experienced participants will be given opportunities to explore using bokutoh (wooden sword) during four practices led by our New England instructors. In addition to keiko, we enjoy

fellowship. Catch up with friends over tea in the living room, dine together, and connect with the space inside and outside that has grown as we have grown.

Special opportunity: Community Keiko. Has it been a while since you've practiced Shintaido? Or are you part of a group that has connected with Shintaido over the years? We hope you'll join us throughout the weekend, but if you're not able to stay the whole time, we're holding a special keiko (class) Saturday afternoon followed by dinner and hope you can join us for that portion! See below for details...

## Logistics:

- The weekend begins at 9 am on Saturday with registration, followed at 10 am by opening ceremony and first keiko (class).
- Saturday afternoon there will be a special community keiko at 3-5pm followed by dinner at 5:30pm. The cost for class and dinner is \$30.
- Closing ceremony will end on Sunday afternoon at 3pm. Participation is open to all, regardless of experience. Please bring a butokoh and jo if you have them.

#### JAN 30-31, 2016 PAYMENT OPTIONS:

## \*Mail Registration Form and Check:

Stephen Billias, Registrar Shintaido Farm 595B River Road Deerfield, MA 01342

#### \*Register Online:

Register on-line

http://www.sne.shintaido.org/SNE registration.html

#### JAN 30-31, 2016 KANGEIKO PRICING:

Price	Description
\$165	2016 Kangeiko full fee — includes four keiko and meals.
	Lodging separate (see below).
\$150	Current SoA Members**
\$130	First Time Kangeiko Attendee
\$100	Senior Instructor
\$100	Children (2-12) or Adult non participants
\$35	One Night Lodging
\$70	Two Nights Lodging
\$30	Saturday afternoon keiko and dinner only (Community Keiko)

<sup>\*\*</sup> Shintaido of America (SoA) is a non-profit organization. Members get a discount on retreats, a newsletter, ability to take exams, insurance, and other benefits. You can join on-line at <a href="www.shintaido.org">www.shintaido.org</a> or when you arrive for check-in at Kangeiko.

Questions? Please call or email. Winter Kangeiko Co-Managers:

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